

Church events next week

Monday 21st September

- 9.00am Morning Prayer, Becket Chapel
9.30am Baby & Toddler Group, Parish Hall

Tuesday 22nd September

- 10.00am Contemplative Prayer, Bellingham Chapel
12.00pm Connect Café, Salvation Army on Gillinggate
5.30pm Twilight Communion
7.00pm Alpha, Vestry

Wednesday 23rd September

- 9.15am Morning Prayer via Zoom
(please email office@kendalparishchurch.co.uk for link)
10.00am Coffee and Cake, Kitchenette Area
7.30pm Bell Ringing Practice

Thursday 24th September

- 9.00am Morning Prayer, Becket Chapel
10.30am Holy Communion (BCP)
7.00pm PCC Meeting, Kitchenette area

Friday 25th September

- 12.30pm Burial of Ashes (Mary Charlwood)
3.45pm Kendal Choristers
5.30pm KPC Youth Group
7.15pm Choir Practice
7.30pm Additional Bellringing Practice

Saturday 26th September

- 9.30am Ladies Breakfast, Booths
10.15am Helm Mission Community Environment Group Fairtrade Fortnight
Bake Sale, Back of church

Sunday 27th September

- 8.00am Holy Communion (BCP)
9.30am Morning Prayer, with Baptisms
11.15am The Gathering, with Communion, followed by "Feast on the Fourth"
4.00pm Prayers for Peace

Prayer Chain

Would you like us to pray for you or for someone you are concerned about? We believe God knows and cares about all our needs so we don't require any details of the situation. Please text or leave a message on 07942617718. A group of people spread across our church will be glad to pray for them.

A welcoming Christian community serving the people of Kendal

Sunday 20th September 2026



Welcome to our Services today

If you are new to Kendal Parish Church you are most welcome and we look forward to getting to know you. Please pick up a Welcome Pack from the table at the back of the church. This contains information about activities and volunteering at KPC along with forms to sign up our contact list and Electoral Role. Please join us for refreshments and make yourself known to the Clergy or Wardens.

A Loop System is in operation for hearing aid users with a 'T' switch.

Gluten free wafers and alcohol free wine are available at all our services. Please speak to a welcomer so they can let the priest know what you require.

During the service you may be invited to stand. If you prefer to remain seated please do so.

If you need any information or assistance, please ask the Duty Warden.

This week we pray for:

The sick - Sheila Brooks & Sheila Smith.

The departed & their families - Canon Ron Metcalfe, Kay Broadhead, Joyce Denney & Sheila Barrow.

TODAY'S SERVICES

8.00am Holy Communion (BCP)

(Collect, Epistle and Gospel can be found on page 182)

9.30am Parish Communion for Harvest

Setting Festive Eucharist Rawsthorne

Hymns 272 Praise and thanksgiving
57 Joy to the world
277 All for Jesus
270 Come ye thankful people come

During Communion

Thou visitest the earth *Greene*
Alleluia (O sing unto the Lord) *Purcell*

Final Voluntary Festal Flourish - Gordon Jacob

10.45am Coffee and Chat

11.15am The Gathering

www.kendalparishchurch.co.uk

Office: 01539 721248

Helping Elsewhere - Revd. Dr. Michael Hunter is preaching at St Emmanuel Church, Bujumbura, Burundi. Revd. Ashley Henderson is taking the service at St. Anne's, Ings this morning.

Canon Ron Metcalfe - Ron died peacefully last week in a nursing home in Darlington where he had been living with vascular dementia for the past few years. Ron was vicar at KPC from 2000 to 2007, having been a residentiary Canon at York Minster for a number of years prior to this. During his time here Ron led a successful appeal for £250,000 to repair the church roof and undertook a reordering of the sanctuary. Those who knew Ron well will remember his encouragement of the laity, his passion for choral worship, his love of a good parish party or get-together, his rather splendid wine collection at the vicarage and his wonderful sense of humour, which he kept right up to the final days of his life. Ron's farewell service at KPC was held on Easter Day 2007. We don't have any details yet of funeral arrangements but if anyone wishes to send a message of sympathy to Fiona, Claire and Paula, please contact the office for Fiona's address.

Interfaith Silent Climate Vigils - the next one is on **Monday 5th October** at 10.30am at the Birdcage, Finkle Street, Kendal. The vigil will last 45 minutes. Vigils are held on the first Monday of each month & are organised by Kendal and Sedbergh Friends Sustainability Group.

Organ Concert - the next in our Autumn season concerts is on **Friday 2nd October** at 12.30pm and will be given by James Robinson from Ambleside. Free Admission - donations welcome for the Organ Restoration Fund. All Welcome.

Keep the Paths Clear group at KPC - **Saturday 3rd October** from 9.00am - 12.00pm with a break for refreshments. All ages welcome. Bring gardening hand tools, also useful wire brushes and wall paper scrapers. Please Help.

Come and be a Chorister - Does your child love to sing? This one-off event will be a fun afternoon! An opportunity not to be missed for your child to experience the outstanding singing at Kendal Parish Church led by the professional music staff. **Sunday 4th October** 2.00pm-5.00pm at Kendal Parish Church Free to attend - just book your child's place at www.trybooking.com/uk/GWEN or via this QR code.



The Bereavement Journey - most of us will have been bereaved and sometimes we can feel that we have not come to terms with our loss. The Bereavement Journey can help. It is a series of 7 sessions with a group and facilitators who watch short films and have discussions to guide us through the varied ways grief and bereavement can impact, enabling us to process the implications for ourselves and discern next steps. We are planning to run this course at KPC, mainly for KPC members and their contacts from 2.00pm-4.00pm starting on **Monday 12th October**. Shanthi and Marjorie Arnold will be leading the course with other helpers from church, If you would like any more information or to join the



course please let either of them know or you can book online via this QR code.

Kendal Food Bank - this month they need cereal (adult in particular), tinned soup, tinned vegetables, tinned fruit, tinned ravioli, tinned spaghetti, long life semi skimmed milk, instant pasta, instant noodles, small jars of coffee. These can be left in the box at the back of church - thanks.

Home wanted from November: 1 or 2 bed self contained flat/house or Granny Annex or independent space in shared house. Long term rent ideally but other terms considered for single local non-smoker lady & pet. Iro £650 pcm - £900 excluding bills (depending on size). Please contact: Steve Rowlinson at sjrowlinson1@gmail.com in the first instance, or find me at church (at the Gathering or coffee time just beforehand most weeks).

Dipping Your Toe in the Old Testament - the next chance to 'dip your toe' into the Old Testament will be held on Saturday, November 7th. As usual we shall meet in KPC vestry: 9.30am for 9.45am – finishing by 12noon. Many Christians find themselves struggling with parts of the Old Testament, so this time our theme will be Tricky Texts. How do we cope with the violence in the OT? Aren't there some contradictions? Should we see everything we are told in the OT as accurate history? How should we understand God working in the world? We probably won't end up with answers to all these (or other) questions, but it will give us the chance to do some thinking about them. If you hope to come and there is a particular issue or text you would like to be included, please let me know in advance. As usual, you can just roll up, but if we know you are coming (email to michaeljh45@aol.co.uk) we'll make sure there are refreshments for you! Don't forget to bring a Bible! Michael Hunter

Christmas Tree Festival - well it's September now and the nights are drawing in. A perfect time to start preparing to make items to be sold on the Craft stall at our Christmas Tree Festival which opens on **Friday 27th November**. Last year we raised nearly £2,000 so it would be great if we could match or even increase the amount raised this year. If you are not a crafty person but would like to help by manning the stall for some of the time I would much appreciate your help. Ian Fishwick.

Sermons - if you would like a copy of any sermons please let the office know and we can email you a copy if you are on email or provide a hard copy if not. We can't guarantee being able to do this every week but will try to meet any requests as and when we receive them. Some sermon texts may be available in advance of a service but we anticipate the majority will be afterwards.

Contacting Shanthi - if you wish to email Shanthi privately, please use revshanthi@kendalparishchurch.co.uk. If you wish to speak to her/text her privately, please use 07494704288. Shanthi's usual rest day is a Saturday.
Please send any notices to 'office@kendalparishchurch.co.uk' by Wednesday pm