



HOLY TRINITY KENDAL PARISH CHURCH

Prayer Calendar July 2026



Be a bright flame before me, O God
a guiding star above me.
Be a smooth path below me,
a kindly shepherd behind me
today, tonight, and for ever.

Alone with none but you, my God I journey on my way;
what need I fear when you are near, O Lord of night and day?

More secure am I within your hand
than if a multitude did round me stand.

Prayer of St Columba

Upcoming Collective Prayer opportunities

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| Every Wednesday | 9:15-9:45 am | Morning Prayer on Zoom (ID: 844 6126 6908/Passcode 294664) |
| 12 July | 4:00-4:30 pm | Prayers for Peace |
| 28 July | 10:00-10:30am | Contemplative Prayer Church (4th Tuesday) |

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| Mon 6th | Thy Kingdom come – in our healthcare. For adequate NHS funding and wise use of resources. For medical staff, carers, support workers, in all the pressures they face. For families with inadequate support. For Jesus to do His healing work. |
| Tues 7th | In the aftermath of the earthquakes in Venezuela, we offer the situation to our Healing God. We pray for those who have suffered and are bereaved. We pray for the aid workers and the restoration of that area. |
| Wed 8th | Thy Kingdom come – in our families. For love, selflessness, cheerfulness, communication, delight in God, to abound. For marriages under stress. For parents under stress. For family members living with dementia or unable to show affection, and those caring for them. |
| Thurs 9th | For families spending more time together over the summer period. We give thanks for family and pray for those who miss the blessing of a family living with or near them. May they know God’s love through the kindness shown them by others. |
| Fri 10th | For families where there is an expectant mother. We pray for health and a safe pregnancy. |
| Sat 11th | Prompt us to find ways to help by using the resources we have: our time, our money, our possessions and our gifts to help others and bring your Kingdom here on earth. |
| Sun 12th | SEA SUNDAY - “Harbours of Hope” Heavenly Father, we lift up to You all those whose lives are affected by the sea. We pray for seafarers transporting goods across the oceans, for fishers, and for those in maritime rescue. Be with them as they work, keep them safe in rough waters, and comfort their families at home who endure long months of separation. Lord, grant them peace and a safe return to port. Amen. <i>(Taken from the Diocese of Gloucester Sea Sunday Resources 2026)</i> |
| Mon 13th | By the seventh day God had finished the work he had been doing; so on the seventh day he rested from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done. Genesis 2: 2-3 For all who find it hard breaking from their work, that they might look to God for their pattern. |
| Tues 14th | Remember the Sabbath day by keeping it holy. Six days you shall labour and do all your work, but the seventh day is a sabbath to the Lord your God. Exodus 20:8-10 For people who have to work difficult hours, making it hard to keep any time of the week special for God. |

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| Wed 15th | “Are you tired? Worn out? ...Walk with me and work with me— watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep company with me and you’ll learn to live freely and lightly.” Matthew 11:28-30 The Message |
| Thurs 16th | There remains, then, a Sabbath-rest for the people of God; Hebrews 4:9 We thank God that our real work is to trust him through faith in Jesus - resting in His presence. |
| Fri 17th | Thy Kingdom come – in our politics. For righteousness and respect across all parties. For inspired solutions for employment, diplomacy and budgeting. For Tim Farron and others in their constituency work. For more Christians to get involved in politics. |
| Sat 18th | For the Keswick Convention (18th July - 7th August), that it will be a time of refreshment, learning, encouragement and blessing for all who attend. |
| Sun 19th | Thy Kingdom come – in our young people. For the many turning to Christ now, to enjoy God and follow Him for life. For those struggling to find employment. For our youngsters at KPC to enjoy God and discover His will for their lives. For Morland chorister camp and all those attending. |
| Mon 20th | For the warring nations of the world and their leaders. |
| Tues 21st | Thy Kingdom come – in all the world. For Alan and Lex and all serving God full time in mission. For believers facing high levels of persecution (78 countries). For ourselves, to be missionaries in Kendal with courage and grace. |
| Wed 22nd | MARY MAGDELENE They asked her, “Woman, why are you crying?” “They have taken my Lord away,” she said, “and I don’t know where they have put him.” At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus. John 20 v 13-14. Help us to recognise You in the everyday: in creation, in our experiences and in the acts of kindness we witness. |
| Thurs 23rd | For the ordinary folk, leading ordinary lives. Lord, shape all our lives - mould us - give us purpose and fire for your Kingdom! |
| Fri 24th | Based on Hebrews 13:3: Remember those who are in prison as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured. Pray for the persecuted church. |

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| Sat 25th | JAMES THE APOSTLE One of the first to become a Disciple, may his example of unquestioning acceptance of calling and costly courage in face of adversity be an inspiration for us. |
| Sun 26th | Thy Kingdom come – for single people and others living alone. For deep mutual friendships, support, fulfilment, community, delight in God, to abound. For churches to be family for all. |
| Mon 27th | Thy Kingdom come – in business and commerce in Kendal and beyond. For honesty, fair trading, fair rents, sensible planning and risk management, prompt justice. For business practice God’s way. |
| Tues 28th | For the witness of people here at Holy Trinity, the work to maintain this place as a focal point for this community and the building project KCT1000 |
| Wed 29th | For all our brothers and sisters in Christ who are unable to worship freely in their home country. We ask you to protect them. Give them courage and may they feel the fire of your Holy Spirit as they witness to your name. |
| Thurs 30th | Thy Kingdom come – in our churches. For a total focus on Jesus, Lord of His Church, and a deeper grasp of our riches in Him, (Eph 1:18). For unity, desire for God, faithfulness to His Word in scripture, and openness to the refreshing power of His Spirit. |
| Fri 31st | For all those who are bereaved. May they know your presence in the darkness and feel the embrace of your Holy Spirit. We pray for those who are there, mourning with those who mourn, giving time to those who need a listening ear, comforting those when the hurt is at its most raw. We pray for our ministry team here at Holy Trinity, those who support them, the Prayer Chain and all who follow Christ’s call to serve in this way. |
| Sat 1st AUG | Thy Kingdom come – in our towns, many with derelict high streets, unemployment, anti-social behaviour and worse. For peace, safety, community, love for neighbour to abound. Lord heal our land. |
| Sun 2nd | For our church family at Holy Trinity and the wider community of Christians here in Kendal, that we may show Christ’s light, through kindness, humility and compassion. |