

Church events next week

Monday 9th March

- 9.00am Morning Prayer, Church
9.30am Baby & Toddler Group, Parish Hall (NB. There is a waiting list for this - please contact toddlerskpc@gmail.com)
12.30pm KDDC interviews, Vestry
2.30pm Care Home Service at Riverside

Tuesday 10th March

- 12.00pm Connect Café, Salvation Army
5.30pm Twilight Communion

Wednesday 11th March

- 9.15am Morning Prayer via Zoom
(please email office@kendalparishchurch.co.uk for link)
10.00am Coffee and Cake, Vestry
11.00am Parish Hall Trustees meeting, Vestry
11.00am Care Home Service at Summerhill
12.30pm Lent Lunch, Kitchenette Area
2.00pm Mothers' Union, Vestry
7.30pm Bell Ringing Practice

Thursday 12th March

- 9.00am Morning Prayer, Church
10.30am Holy Communion (BCP)
11.30am Experiencing Easter School Visits
7.00pm Standing & Finance Committee, Zoom

Friday 13th March

- 12.30pm Organ Concert (Adrian Self)
3.45pm Kendal Choristers practice
5.00pm Evensong
5.30pm Youth Group
7.15pm Choir Practice

Saturday 14th March

- 9.00am Messy Church
11.00am Saturday Session (Gathering Music Group) - open to all

Sunday 15th March (Mothering Sunday)

- 8.00am Holy Communion (BCP)
9.30am Parish Communion (CW)
11.15am The Gathering

A welcoming Christian community serving the people of Kendal

Sunday 8th March 2026



Welcome to our Services today

If you are new to the church, please make yourself known to us.
A Loop System is in operation for hearing aid users with a 'T' switch.
Gluten Free wafers are available at all Communion services.
During the service you may be invited to stand. If you prefer to remain seated please do so.
If you need any information or assistance, please ask the Duty Warden.

This week we pray for:

The sick

The departed & their families - Adrian Johns, Arthur Moss & Johnny Lighten.

TODAY'S SERVICES

8.00am Holy Communion (BCP)

9.30am Parish Communion (CW)

Setting Mass of St. Francis Bielby

Introit Lent Prose (verse 3) Plainsong

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

God, we implore thee, in thy glory seated

bow down and hearken to thy children

pity and pardon all our grievous trespasses. .

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

Hymns 368 All my hope on God is founded

321 Rise and hear! The Lord is speaking

211 We love the place O God

543 O, praise ye the Lord

During Communion Song of Saint Anselm *Joanna Marsh*

Final Voluntary Festmarsch - Mathilde Kralik (1857-1944)

10.45am Refreshments and Fellowship

11.15am The Gathering

Book of Remembrance - from Easter 2026 only names added to the Book of Remembrance after the beginning of 2020 will be read out at the Thursday 10.30am service. If you would like older names to be read out please complete the slip on the Book of Remembrance case and return it to the office. Thanks.

Lent lunches - the next one in support of Christian Aid will be on **Wednesday 11th March**, then 18th and 25th March. Lunch will be served between 12.00pm and 1.30pm. Offers of soup, (in a slow cooker if possible), cake, bread rolls, butter, and help with serving or clearing up will be greatly appreciated. Most of all do come and bring your friends. Please speak to Liz Lockwood or Ian and Marilyn Fishwick if you are able to help.

Carbon Fast for Lent - Lent is a time when Christians traditionally fast and focus on God. As a positive action to take during Lent we encourage you to take up the Carbon Fast. The challenges differ from week to week (except for weeks 1 and 2), so please check either our Facebook or Instagram posts or the Kendal Parish Church Environmental Action notice board at the back of the Church for advice on the challenges.

Mothers' Union meets on **Wednesday 11th March** at 2.00pm in the vestry when Revd. Michael Thistlewood's theme will be "Reflections". All welcome.

Organ Concerts - the next concert in our Spring series will take place on **Friday 13th March** and will be given by Adrian Self, from Cartmel.

On Saturday 14th March from 11.00am till 2.00pm there is an opportunity for anyone who can, sing, hum or play an instrument to meet in the Bellingham Chapel. You don't need to be a perfect singer or musician. The music style will be songs you may hear at The Gathering service. See Chris or Lynne Magee for more information. Drinks will be available and bring a snack if you wish. If you are coming, a Bible and a notebook would be helpful.

Tour of the Church - Sue Ratajski and Norman Holloway have offered to give a guided tour of the church (approximately 45 minutes) on **Monday 23rd March** at 11.00am. A great opportunity discover more about our beautiful church - there are always new things to be revealed! If you plan to come please let Anne Smith know. annemsmith27@tiscali.co.uk

Dipping Your Toe in the Old Testament - The Old Testament provides many challenges and because of this we can sometimes dodge it and stick to the New Testament. But it can also greatly enrich our understanding and faith. So on **Saturday 28th March** there will be a further chance to 'dip your toe' into the Old Testament. This time we shall take a bird's eye view to gain an overview of the Old Testament as a whole. How are we to understand it? How did it develop? What kinds of material does it contain? What about the difficulties it raises? How do different voices relate to each other? Etc We shall meet in the vestry: 9.30am for 9.45am and shall finish by 12 noon. You can just roll up but, as usual, if we know you are coming (email to michaeljh45@aol.co.uk) we'll make sure there are refreshments for you! Don't forget to bring a Bible! Michael Hunter

Date for your diaries - Sue Charnley and Ian James extend an open invitation to all their friends to their wedding service on **Easter Sunday 5th April** at 1pm in Kendal Parish Church, and afterwards for refreshments and speeches in the Parish Hall.

Prayer for Children and Young People in the South Lakes - come and share what's happening in your area, drink coffee, eat cake and pray.
URC Church, 106 Highgate - **31st March & 2nd June**
St. Mary's Church, Windermere - **5th May & 7th July**
All 10.30am - 12.00pm. For more information, see the flyer at the back of church or contact lily-beth.smith@carlisle-diocese.org.uk (07353004822) or chris.mason@carlisle-diocese.org.uk (07770099260)

Interfaith Silent Climate Vigils - the next one is on **Monday 6th April** at 10.30am at the Birdcage, Finkle Street, Kendal. The vigil will last 45 minutes, and it is important to wear thermal clothing to keep warm. Some people bring fold up chairs and a blanket. A flask containing a hot drink is advisable. Vigils are held on the first Monday of each month & are organised by Kendal and Sedbergh Friends Sustainability Group.

Kendal Food Bank - this month they need Dried Pasta, Microwave Rice, Small Coffee jars, Biscuits, Tinned Meat, Tinned Fruit, Tinned Vegetables, Instant Noodles, Tinned Rice Pudding, Custard. These can be left in the box at the back of church - thanks. The latest King's Foodbank newsletter is available on the table by the food bank collection box.

Words for Choir Anthem at 9.30am

Song of St. Anselm Music by Joanna Marsh

Gather your little ones to you, O God,

as a hen gathers her brood to protect them.

Jesus, like a mother you gather your people to you;
you are gentle with us as a mother with her children.

Often you weep over our sins and our pride,
tenderly you draw us from hatred and judgement.

You comfort us in sorrow and bind up our wounds,
in sickness you nurse us and with pure milk you feed us.

Gather your little ones....

Jesus, by your dying we are born to new life,
by your anguish and labour we come forth in joy.
Despair turns to hope through your sweet goodness.

Through your gentleness we find comfort in fear.

Your warmth gives life to the dead,
your touch makes sinners righteous.

Gather your little ones....

Bookstall - If you wish to order any Christian Resources, please contact Lynne Magee: slchristian_resources@outlook.com Easter cards, gifts and chocolate eggs from the Meaningful Chocolate Company are now available