

Church events next week

Monday 2nd March

- 9.00am Morning Prayer, Church
9.30am Baby & Toddler Group, Parish Hall (NB. There is a waiting list for this - please contact toddlerskpc@gmail.com)
5.00pm Mary Wakefield Festival Choral event

Tuesday 3rd March

- 12.00pm Connect Café, Salvation Army
1.00pm Funeral (Adrian Johns)
5.30pm Twilight Communion

Wednesday 4th March

- 9.15am Morning Prayer via Zoom
(please email office@kendalparishchurch.co.uk for link)
10.00am Coffee and Cake, Vestry
12.30pm Lent Lunch, Kitchenette Area
2.30pm Care Home Service at Stonecross
7.30pm Bell Ringing Practice

Thursday 5th March

- 9.00am Morning Prayer, Church
10.30am Holy Communion (BCP)
12.00pm Funeral (Arthur Moss)

Friday 6th March

- 11.45am Funeral (Johnny Lighten)
3.45pm Kendal Choristers practice
7.15pm Choir Practice

Sunday 8th March

- 8.00am Holy Communion (BCP)
9.30am Parish Communion (CW)
11.15am The Gathering
2.30pm Mary Wakefield Festival Concert & Jim Noble Award

Bookstall - If you wish to order any Christian Resources, please contact Lynne Magee: slchristian_resources@outlook.com Easter cards, gifts and chocolate eggs from the Meaningful Chocolate Company are now available

Contacting Shanthi - if you wish to email Shanthi privately, please use revshanthi@kendalparishchurch.co.uk. If you wish to speak to her/text her privately, please use 07494704288. Shanthi's usual rest day is a Saturday.

Please send any notices to 'office@kendalparishchurch.co.uk' by Wednesday pm

A welcoming Christian community serving the people of Kendal



Sunday 1st March 2026

Welcome to our Services today

If you are new to the church, please make yourself known to us.
A Loop System is in operation for hearing aid users with a 'T' switch.
Gluten Free wafers are available at all Communion services.
During the service you may be invited to stand. If you prefer to remain seated please do so.
If you need any information or assistance, please ask the Duty Warden.

This week we pray for:

The sick

The departed & their families - Adrian Johns, Arthur Moss & Johnny Lighten.

TODAY'S SERVICES

8.00am Holy Communion (BCP)

9.30am Parish Communion (CW)

Setting Mass of St. Francis Bielby

Introit Lent Prose (verse 1) Plainsong

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

O thou chief Corner-stone, Right Hand of the Father:

Way of Salvation, Gate of Life Celestial: cleanse thou our sinful souls from all defilement.

Hear us, O Lord, have mercy upon us: for we have sinned against thee.

Hymns 543 O praise ye the Lord

Psalm 121 (sung by the choir)

278 Alleluia, sing to Jesus

606 Thy hand O Lord has guided

During Communion God so loved the world *Stainer*

Final Voluntary Fugue in D - Theodore Dubois

10.45am Refreshments and Fellowship

11.15am The Gathering, Café style

4.00pm Evensong

(see separate sheet)

Helping Elsewhere - Revd. Ashley Henderson is taking the service at Dentdale Methodist Chapel this morning.

Tea and Crumpets - please join with the church family **THIS AFTERNOON, Sunday 1st March** at 2.00pm-3.30pm for tea and crumpets with home made jam. A chance for people who attend different services and events to chat and get to know one another and to spend time in a way coffee on Sundays services doesn't allow. All welcome.

Arthur Moss R.I.P. - Arthur's funeral service will take place on **Thursday 5th March** at 12.00pm. Help is needed to set up tables and chairs in the hall for the gathering after the funeral. As we can't get access to the hall till 11.30am, the funeral is at 12noon and Arthur has only a small family, any help would be appreciated. Please speak to the office if you can offer to help. Thanks

Lent lunches - the next one in support of Christian Aid will be on **Wednesday 4th March**, then 11th, 18th and 25th March. Lunch will be served between 12.00pm and 1.30pm. Offers of soup, (in a slow cooker if possible), cake, bread rolls, butter, and help with serving or clearing up will be greatly appreciated. Most of all do come and bring your friends. Please speak to Liz Lockwood or Ian and Marilyn Fishwick if you are able to help.

Parish Life & Prayer Calendar - the March editions of both of these are now available in print from the back of church and also from the website. Items for inclusion in the April magazine should be with the editors by **Sunday 15th March**: magazine@kendalparishchurch.co.uk. Thank you.

Carbon Fast for Lent - Lent is a time when Christians traditionally fast and focus on God. As a positive action to take during Lent we encourage you to take up the Carbon Fast. The challenges differ from week to week (except for weeks 1 and 2), so please check either our Facebook or Instagram posts or the Kendal Parish Church Environmental Action notice board at the back of the Church for advice on the challenges.

World Day of Prayer 2026 - the annual ecumenical service will be at Stricklandgate Methodist Church on **Friday 6th March** at 2.00pm. to which everyone (men and women) is warmly invited. It should be a beautiful meaningful service. This year the service has been prepared by the women of Nigeria and uses as its theme verses from St Matthew 11, 28-30 "I will give you rest" which focuses on "Rest from burdens", like Shame, Poverty and Oppression". The wave of prayer gatherings take place in 120 countries- starting in Samoa and moving west during the day ending in USA. It is truly a world day.

The Church Grounds Group will be meeting on **Saturday 7th March** at 9.00am. All welcome to help look after the area around the church.

Book of Remembrance - from Easter 2026 only names added to the Book of Remembrance after the beginning of 2020 will be read out at the Thursday 10.30am

service. If you would like older names to be read out please complete the slip on the Book of Remembrance case and return it to the office. Thanks.

Organ Concerts - the next concert in our Spring series will take place on **Friday 13th March** and will be given by Adrian Self, from Cartmel.

Tour of the Church -Sue Ratajski and Norman Holloway have offered to give a guided tour of the church (approximately 45 minutes) on Monday 23rd March at 11.00am. A great opportunity discover more about our beautiful church - there are always new things to be revealed! If you plan to come please let Anne Smith know. annemsmith27@tiscali.co.uk

Prayer for Children and Young People in the South Lakes - come and share what's happening in your area, drink coffee, eat cake and pray.

URC Church, 106 Highgate - **31st March & 2nd June**

St. Mary's Church, Windermere - **3rd March, 5th May & 7th July**

All 10.30am - 12.00pm. For more information, see the flyer at the back of church or contact lily-beth.smith@carlisle-diocese.org.uk (07353004822) or chris.mason@carlisle-diocese.org.uk (07770099260)

Dipping Your Toe in the Old Testament - The Old Testament provides many challenges and because of this we can sometimes dodge it and stick to the New Testament. But it can also greatly enrich our understanding and faith. So on **Saturday 28th March** there will be a further chance to 'dip your toe' into the Old Testament. This time we shall take a bird's eye view to gain an overview of the Old Testament as a whole. How are we to understand it? How did it develop? What kinds of material does it contain? What about the difficulties it raises? How do different voices relate to each other? Etc We shall meet in the vestry: 9.30am for 9.45am and shall finish by 12 noon. You can just roll up but, as usual, if we know you are coming (email to michaeljh45@aol.co.uk) we'll make sure there are refreshments for you! Don't forget to bring a Bible! Michael Hunter

Date for your diaries - Sue Charnley and Ian James extend an open invitation to all their friends to their wedding service on **Easter Sunday 5th April** at 1pm in Kendal Parish Church, and afterwards for refreshments and speeches in the Parish Hall.

Interfaith Silent Climate Vigils - the next one is on **Monday 6th April** at 10.30am at the Birdcage, Finkle Street, Kendal. The vigil will last 45 minutes, and it is important to wear thermal clothing to keep warm. Some people bring fold up chairs and a blanket. A flask containing a hot drink is advisable. Vigils are held on the first Monday of each month & are organised by Kendal and Sedbergh Friends Sustainability Group.

Kendal Food Bank - this month they need Dried Pasta, Microwave Rice, Small Coffee jars, Biscuits, Tinned Meat, Tinned Fruit, Tinned Vegetables, Instant Noodles, Tinned Rice Pudding, Custard. These can be left in the box at the back of church - thanks.