

## Church events next week

### Monday 2nd February

- 9.00am Morning Prayer, Church  
9.30am Baby & Toddler Group, Parish Hall (NB. There is a waiting list for this - please contact toddlerskpc@gmail.com)

### Tuesday 3rd February

- 12.00pm Connect Café, Salvation Army  
5.30pm Twilight Communion

### Wednesday 4th February

- 9.15am Morning Prayer via Zoom  
(please email office@kendalparishchurch.co.uk for link)  
10.00am Coffee and Cake, Vestry  
2.30pm Care Home service at Stonecross  
7.30pm Bell Ringing Practice

### Thursday 5th February

- 9.00am Morning Prayer, Church  
10.30am Holy Communion (BCP)  
12.00pm Funeral (Bradley Reid)

### Friday 6th February

- 3.45pm Kendal Choristers practice  
7.15pm Choir Practice

### Saturday 7th February

- 7.00pm Meal & Wine/Juice tasting quiz evening, Parish Hall

### Sunday 8th February

- 8.00am Holy Communion (BCP)  
9.30am Parish Communion (CW)  
11.15am The Gathering, with Baptism

**Parking Permit** - if you regularly come to Sunday services you can collect a car park pass from the welcomers.

**Contacting Shanthi** - if you wish to email Shanthi privately, please use revshanthi@kendalparishchurch.co.uk. If you wish to speak to her/text her privately, please use 07494704288. Shanthi's usual rest day is a Saturday.

**Please send any notices to 'office@kendalparishchurch.co.uk' by Wednesday pm**

**Bookstall** - If you wish to order any Christian Resources, please contact Lynne Magee: slchristian\_resources@outlook.com

A welcoming Christian community serving the people of Kendal



# Sunday 1st February 2026

## Welcome to our Services today

If you are new to the church, please make yourself known to us.  
A Loop System is in operation for hearing aid users with a 'T' switch.  
Gluten Free wafers are available at all Communion services.  
During the service you may be invited to stand. If you prefer to remain seated please do so.  
If you need any information or assistance, please ask the Duty Warden.

## This week we pray for:

### The sick

**The departed & their families** - Muriel Airey, Bradley Reid, Anne Braithwaite, Sheila Nelson & Geoffrey Brown.

## TODAY'S SERVICES

### 8.00am Holy Communion (BCP)

### 9.30am Parish Communion (CW)

### Setting Mass for Two Choirs and Two Organs *Bielby*

### Introit *Mary had a baby West Indian Traditional*

- Mary had a baby, Yes, Lord;  
The people keep a-coming but the train has gone!*
- What did she name him, Yes, Lord...*
- Mary named him Jesus, Yes, Lord...*
- Where did she take him, Yes, Lord...*
- Took him to the temple, Yes, Lord...*

**Hymns** 476 In a world where people walk in darkness  
Psalm 24 (sung by the choir)  
309 Let all mortal flesh keep silence  
80 When candles are lighted

**During Communion** All in the morning traditional (see over for words)  
Nunc Dimittis (with antiphon) *Piae Cantiones 1582*

**Final Voluntary** Toccata (Suite Gothique) - Boellmann

### 10.45am Refreshments and Fellowship

### 11.15am The Gathering, Café style

### 4.00pm Evensong for Candlemas

**Helping Elsewhere** - Revd. Dr. Michael Hunter is taking the service at Holy Trinity, Winster this morning.

**Office Opening Hours** - From **Monday 2nd February to Friday 20th February** the office will only be open from 9.15am - 1.15pm as Diane is taking a well-earned holiday and Janet is working her hours over 5 days instead of 3.

**Parish Life and February Prayer Calendar** - both of these are now available in print from the back of church or on the website. Items for inclusion in the March edition of "Parish Life" should be with the editors by **Sunday 15th February**, thanks: [magazine@kendalparishchurch.co.uk](mailto:magazine@kendalparishchurch.co.uk)

Since February 2024 **Crafternoon** has been meeting from 1pm-3pm on the fourth Monday of each month; Over the past 6 months there have been fewer people attending, and we are asking the question "Would a different day and time be better?". It doesn't need to be an afternoon - we can always come up with a new name for the group. Please share with Lynne Magee or Marilyn Fishwick any suggestions. Crafternoon will not be meeting this month.'

**Interfaith Silent Climate Vigils** - the next one is on **Monday 2nd February** at 10.30am at the Birdcage, Finkle Street, Kendal. The vigil will last 45 minutes, and it is important to wear thermal clothing to keep warm. Some people bring fold up chairs and a blanket. A flask containing a hot drink is advisable. Vigils are held on the first Monday of each month & are organised by Kendal and Sedbergh Friends Sustainability Group.

**The Church Grounds Group** will be meeting on **Saturday 7th February** from 9.00am. All welcome to come and help tidy up round the outside of the church.

**Prayer for Children and Young People in the South Lakes** - come and share what's happening in your area, drink coffee, eat cake and pray.

URC Church, 106 Highgate - **3rd February, 31st March & 2nd June**

St. Mary's Church, Windermere - **3rd March, 5th May & 7th July**

All 10.30am - 12.00pm. For more information, see the flyer at the back of church or contact [lily-beth.somith@carlisle-diocese.org.uk](mailto:lily-beth.somith@carlisle-diocese.org.uk) (07353004822) or [chris.mason@carlisle-diocese.org.uk](mailto:chris.mason@carlisle-diocese.org.uk) (07770099260)

**Urgent call for more Welcomers** - Welcomers greet a huge variety of folk who visit the church (from the local area; from other parts of the country; from the rest of the world) for a wide range of purposes. We need more help please. Could you offer 2 hours occasionally, monthly, fortnightly or weekly to help to provide a warm welcome for those who visit our beautiful church? If you can help at all, please see Anne or Howard Smith

**Meal and Wine/Juice Tasting Quiz** - at 7.00pm in the Parish Hall on **Saturday 7th February** we will be holding our next Meal and Wine/Juice Tasting quiz. A light-hearted evening which, as well as providing an excellent meal (with a wide choice of dishes) and the chance to taste 6 different drinks, provides an opportunity to invite some friends, deepen our fellowship and meet some people you don't really know.

The profit from the evening will go to help support our Mission Partners working in SE Asia. Tickets are only £12: available from Marilyn Fishwick, Liz Lockwood or Linda & Michael Hunter or email to [mutagwok@aol.com](mailto:mutagwok@aol.com). If you can provide a main course for c.8 (in a slow cooker) or a dessert, please let one of us know.

**Organ Concerts** - the next concert in our Spring series will take place on **Friday 13th February** and will be given by Charlotte Johnston, from Carlisle Cathedral.

**Carbon Fast for Lent** - Lent is a time when Christians traditionally fast and focus on God. As a positive action to take during Lent we encourage you to take up the Carbon Fast. Lent begins on **Ash Wednesday 18th February**. The challenges differ from week to week (except for weeks 1 and 2), so please check either our Facebook or Instagram posts or the Kendal Parish Church Environmental Action notice board at the back of the Church for advice on the challenges.

**Kendal Food Bank** - this month they need Dried Pasta, Cereal, Tinned Vegetables, Microwave Rice, Hot Dogs, Packets of Mashed Potato, Pesto, Pasta Sauce, Biscuits, Tinned Fruit. These can be left in the box at the back of church - thanks.

**A new venture from our friends at the Unitarian Church** - "THE SPACE": 26-28 Finkle Street ; VERY OPEN Every Wednesday and Thursday. A warm place to drop in, have a free cup of tea or coffee, meet friends, and relax. All are very welcome.

**World Day of Prayer 2026** - the annual ecumenical service will be at Stricklandgate Methodist Church on **Friday 6th March** at 2.00pm. to which everyone (men and women) is warmly invited. It should be a beautiful meaningful service. This year the service has been prepared by the women of Nigeria and uses as its theme verses from St Matthew 11, 28-30 "I will give you rest" which focuses on "Rest from burdens", like Shame, Poverty and Oppression". The wave of prayer gatherings take place in 120 countries- starting in Samoa and moving west during the day ending in USA. It is truly a world day.

**Words for 9.30am anthem during Communion**

All in the morning

It was on Christmas day, and all in the morning,

Our Saviour was born, and our heavenly King;

*And was not this a joyful thing, and sweet Jesus they called him by name.*

It was on the Twelfth Day, the Wise Men were led to our heavenly King; *Refrain*

It was on Candlemas Day, they visited the Temple with our heavenly King; *Refrain*

It was on Holy Wednesday, that Judas betrayed our dear heavenly King;

*And was not this a woeful thing, and sweet Jesus we'll call him by name.*

It was on Maundy Thursday, they plaited a crown of thorns, for our heavenly King; *Refrain*

It was on Good Friday, they crucified our Saviour, and our heavenly King; *Refrain*

It was on Easter Day, Our Saviour arose, our own heavenly King;

*The sun and the moon they did both rise with Him*

*And sweet Jesus we'll call Him by name.*

*Derbyshire Carol arr. Vaughan Williams*