

Church events next week

Monday 6th October

- 9.00am Morning Prayer, Church
- 9.00am Ghyllside School Harvest Festival
- 9.30am Baby & Toddler Group, Parish Hall
- 2.00pm Parish Hall Trustees Meeting, Vestry

Tuesday 7th October

- 12.00pm Connect Café, Salvation Army (NB. New start time)
- 5.30pm Twilight Communion
- 7.00pm Men's Fellowship, Vestry

Wednesday 8th October

- 9.15am Morning Prayer via Zoom
(please email office@kendalparishchurch.co.uk for link)
- 10.00am Coffee and Cake, Kitchenette area
- 2.00pm Mother's Union, Vestry
- 7.30pm Bell Ringing Practice

Thursday 9th October

- 9.00am Morning Prayer, Church
- 10.30am Holy Communion (BCP), Parr Chapel

Friday 10th October

- 9.00pm KCT1000 Meeting, Vestry
- 3.45pm Kendal Choristers practice
- 5.00pm Evensong, Kendal Choristers
- 5.30pm Youth Group
- 7.15pm Choir Practice

Saturday 11th October

- 9.00am Messy Church

Sunday 12th October

- 8.00am Holy Communion (BCP)
- 9.30am Parish Communion (CW)
- 11.15am The Gathering, with Communion
- 2.00pm Anna Chaplaincy Meeting, Vestry
- 4.00pm Choral Compline

Prayer Chain

Would you like us to pray for you or for someone you are concerned about? We believe God knows and cares about all our needs so we don't require any details of the situation. Please text or leave a message on 07942617718. A group of people spread across our church will be glad to pray for them.

www.kendalparishchurch.co.uk

@KendalParish

01539 721248

A welcoming Christian community serving the people of Kendal

Sunday 5th October 2025



Welcome to our Services today

If you are new to the church, please make yourself known to us.
A Loop System is in operation for hearing aid users with a 'T' switch.
Gluten Free wafers are available at all Communion services.
During the service you may be invited to stand. If you prefer to remain seated please do so.
If you need any information or assistance, please ask the Duty Warden.

This week we pray for:

The sick - John Reynolds, Laura Earl & Martin Thompson.

The departed & their families - Joyce Thorpe & Yvonne Wainman.

TODAY'S SERVICES

8.00am Holy Communion (BCP)

9.30am Parish Communion (CW)
Mass of St. Francis Bielby

Hymns 377 Angel voices
Psalm 37 (1-9) *Howells*
604 Through all the changing scenes of life
612 We have a Gospel to proclaim

During Communion

All creatures of our God and King (*words at Hymn 250*)

Final Voluntary Organ concerto Op 4/4 *Allegro Handel*

10.45am Refreshments and Fellowship

11.15am The Gathering, Café style

2.00pm Thanksgiving Service & Burial of Ashes (Jenny Hewitt-Jones)

4.00pm Evensong
(see separate *handout* for details)

Contacting Shanthi - if you wish to email Shanthi privately, please use revshanthi@kendalparishchurch.co.uk. If you wish to speak to her/text her privately, please use 07494704288. Shanthi's usual rest day is a Saturday.

Please send any notices to 'office@kendalparishchurch.co.uk' by **Wednesday pm**

Jenny Hewitt-Jones - we will be celebrating Jenny's life and that of her late husband, Robin, at a special service of Thanksgiving and Remembrance at 2.00pm **THIS AFTERNOON**. We will then be burying Jenny's ashes with those of Robin beneath the East Window. Please join us if you can. The family also invite you to join them for refreshments at the back of church after the service.

Age Friendly Festival - TODAY, Sunday 5th October 11.00am - 3.00pm at Kendal Leisure Centre. See flyer at the back of church for details.

Come and hear the Kendal Choristers - THIS AFTERNOON, 5th October at 4.00pm. The Choristers will also sing Evensong on **Friday 10th October** at 5.00pm. All welcome!

Interfaith Silent Climate Vigils - the next one is on **Monday 6th October** at 10.30am at the Birdcage, Finkle Street, Kendal. The vigil will last 45 minutes, and it is important to wear thermal clothing to keep warm. Some people bring fold up chairs and a blanket. A flask containing a hot drink is advisable. Vigils are held on the first Monday of each month & are organised by Kendal and Sedbergh Friends Sustainability Group.

Men's Fellowship - at the September meeting we welcomed Revd. Andy Ward who has recently taken up the role of curate at KPC. Andy gave us a resume of his amazing journey working with young people from street children in Columbia to the church youth network in Barrow. The next meeting will be on **Tuesday 7th October** when David Walker will tell us about "Walking the Camino" - the pilgrims route to Santiago de Compostela. As usual, the meeting will start at 7.00pm in the vestry at Kendal Parish Church - entrance on the north side of the church. A welcome is extended to men from all churches within the Mission Community.

Mothers' Union - will meet in the vestry at 2.00pm on **Wednesday 8th October** when David Wright will be talking "All About Icons". All Welcome.

Parish Life & Prayer Calendar - the October editions of both of these are now available from the back of church in print, or on the website. Items for inclusion in the November edition of Parish Life are due with the editors by **Wednesday 15th October**: magazine@kendalparishchurch.co.uk

Parish Boundary Walk - I will be going on the trial Boundary Walk East on **Saturday 18th October**, leaving the Parish Church at 9.30 am prompt. Others will be welcome to join me but need to be able to walk at approximately 2 mph. Children need to be accompanied, but sorry no dogs on this trial occasion. The full route is 7.25 miles (11.66 k) with 880 feet ascent (268m) on field paths (with stiles and the possibility of livestock) and roads with and without pavements. Please wear suitable footwear and bring a packed lunch. Further details from Howard on howardsmith@tiscali.co.uk 01539 634124.

Open Garden - Andrea Burton, Ann West and Bev Antcliffe are serving the refreshments for the Open Garden on **Sunday 19th October** in aid of St. John's Hospice and would appreciate offers of cake, brought to church by **Saturday 18th October**. If you are able to make cakes, please can you let one of them know? Thanks.

Church Family Afternoon - come to a church family afternoon of fun and friendship on **Sunday 26th October** from 2.00pm-3.45pm (followed by Evensong). Meet new friends, talk with old friends and enjoy fellowship and board games for the young and young at heart. Please bring a plate of your favourite goodies, drinks will be provided.

Bible Course - starting **Sunday October 26th** 7.00pm-8.00pm in the Vestry. Discover or rediscover the story of the Bible. Explore how Bible characters, stories, and themes are

connected, from Genesis to Revelation. Book your place at <https://www.trybooking.com/uk/FHWM> or contact Shanthi on 01539 721248

Kendal Food Bank - would be very grateful for baked beans, tinned soup, rice (500g bags), microwave rice, biscuits, tea (80's), small jars of coffee, tinned fish, tinned meat, (corned beef or ham), tinned fruit, tinned vegetables. These can be left in the box at the back of church - thanks. Copies of the latest Newsletter from the Food Bank are available at the back of church.

The Welcomer Team has greeted many visitors to the church from all over the world. We would like more volunteer Welcomers. Are you able to give a couple of hours occasionally, monthly or weekly to help the team extend a warm welcome to visitors - both during the week and at weekends? If you would like to find out more, please see Anne or Howard Smith. Thank you.

Lego wanted - if you have any Lego hanging around unused, the Youth Club and others would love to get creative with it. Please either speak to Jane Markby or leave in the box at the back of church. Many thanks.

Many thanks to all who contributed craft supplies to the Heritage Craft Stall recently. Over the two weekends we took £240 which will go towards our KTC1000 project.

Thank you - to everyone who baked and bought at the Helm Mission Community Environment Group bake sale on Saturday 27th September. Just over £120 was raised for The Fairtrade Foundation to support their work with people and partners around the world to make trade work for people and planet.

Date for your diary - the enthronement of Rt. Revd. Rob Saner-Haigh as Bishop of Carlisle will take place at the Cathedral and 2.00pm on **Saturday 29th November**. We will let people know arrangements for tickets, etc. once we know. Please hold Bishop Rob in your prayers as he commences this new role within the Diocese.

The Friends of Kendal Parish Church AGM will be held on **Thursday 30th October**, immediately following the 10.30am Holy Communion service. Refreshments will be available from 11.00am. We have invited individuals and organisations who have received funding from the Friends of Kendal Parish Church to join us and they will have the opportunity to share a few words about their work and to explain how our donations have made a difference to their activities.. As the meeting falls during the half-term holiday, we also hope to welcome some of the church's choristers and members of Messy Church to participate in the event.

Dementia Friends Awareness Session on **Saturday 1st November** at 10.00am in the vestry. An opportunity to learn more about dementia and how we can support those living with it in our community. This friendly and informal session will help us better understand the challenges faced by people with dementia and explore simple ways we can make a difference. It will take an hour out of your day and will help KPC remain a Dementia Friendly Church. Whether you're a PCC member, Sunday welcomer or Weekday welcomer or a leader of a church team or simply want to be more informed, everyone is welcome. Together, we can build a more compassionate and inclusive church family. There is a signup sheet at the back of church or alternatively let me know via email at: bevmoores.annachaplaincy@gmail.com.

Manna House - On Homelessness Sunday (**5th October**), 10.00am - 12.00pm, we're opening the doors to Manna House. Discover how we support those facing homelessness and housing insecurity in South Lakeland, from the heart of the operation. Tour our Drop-in Centre; learn how we help with housing, benefits, and wellbeing; explore our garden, café and emergency Pod; enjoy light refreshments and meet the team. If you're curious, concerned or caring, we'd love to show you around. Manna House, The Stephenson Centre, Ann Street, Kendal LA9 6AA