

Church events next week

Monday 13th October

- 9.00am Morning Prayer, Church
- 9.30am Baby & Toddler Group, Parish Hall
- 2.30pm Care Home Service at Riverside
- 7.00pm Ministry Team Meeting, Vicarage

Tuesday 14th October

- 10.00am Welcomers Meeting, Kitchenette Area
- 12.00pm Connect Café, Salvation Army (NB. New start time)
- 5.30pm Twilight Communion

Wednesday 15th October

- 9.15am Morning Prayer via Zoom
(please email office@kendalparishchurch.co.uk for link)
- 10.00am Coffee and Cake, Kitchenette area
- 2.30pm Care Home Service at Gillingreane
- 7.30pm Bell Ringing Practice

Thursday 16th October

- 9.00am Morning Prayer, Church
- 10.30am Holy Communion (BCP), Parr Chapel
- 2.30pm Kenda Tea Service

Friday 17th October

- 12.30pm Organ Concert (Andy Plowman)
- 2.00pm Memorial Service, Parr Chapel (Yvonne Wainman)
- 3.45pm Kendal Choristers practice
- 7.15pm Choir Practice

Saturday 18th October

- 9.30am Boundary Walk East

Sunday 19th October

- 8.00am Holy Communion (BCP)
- 9.30am Parish Communion (CW)
- 11.15am The Gathering

Prayer Chain

Would you like us to pray for you or for someone you are concerned about? We believe God knows and cares about all our needs so we don't require any details of the situation. Please text or leave a message on 07942617718. A group of people spread across our church will be glad to pray for them.

www.kendalparishchurch.co.uk

@KendalParish

01539 721248

A welcoming Christian community serving the people of Kendal

Sunday 12th October 2025



Welcome to our Services today

If you are new to the church, please make yourself known to us.
A Loop System is in operation for hearing aid users with a 'T' switch.
Gluten Free wafers are available at all Communion services.
During the service you may be invited to stand. If you prefer to remain seated please do so.
If you need any information or assistance, please ask the Duty Warden.

This week we pray for:

The sick - John Reynolds, Laura Earl & Martin Thompson.

The departed & their families - Joyce Thorpe & Yvonne Wainman.

TODAY'S SERVICES

8.00am Holy Communion (BCP)

9.30am Parish Communion (CW)
Mass of St. Francis Bielby

Hymns 558 Praise To The Lord, The Almighty
348 We Cannot Measure How You Heal
301 God Is Here! As We His People
534 O For A Thousand Tongues To Sing

During Communion

Jesu, joy of man's desiring *Bach* (for words see separate sheet)

Final Voluntary Scherzo - Gigout

10.45am Refreshments and Fellowship

11.15am The Gathering, with Communion

4.00pm Choral Compline

(see separate handout for details)

Contacting Shanthi - if you wish to email Shanthi privately, please use revshanthi@kendalparishchurch.co.uk. If you wish to speak to her/text her privately, please use 07494704288. Shanthi's usual rest day is a Saturday.

Please send any notices to 'office@kendalparishchurch.co.uk' by Wednesday pm

Baby News! - The Baby & Toddler team were delighted to hear last week that one of our mums had given birth to her second daughter, Sofia. Claire is a regular at the group and with her daughter Grace was recently on Border TV when they visited us a couple of weeks ago. We are looking forward to meeting baby Sofia very soon and have sent our love and prayers to the family.

Yvonne Wainman - a memorial service for Yvonne will be held on **Friday 17th October** at 2.00pm. This will be held in the Parr Chapel at Yvonne's request.

Choral Compline this afternoon at 4pm - the ancient service of Night Prayer or Compline is traditionally sung to unaccompanied plainsong. This is the second time that we will be presenting this incredibly moving service to our Sunday at 4 congregation. This means that today we will be singing Night Prayer in the afternoon! Also we will be adding extra music to make it worth while for you to make the journey back to KPC! There will be two evening anthems by organists of York Minster - Edward Bairstow and Philip Moore; and Andy Plowman will play two atmospheric organ pieces - *At Sunset* and *Chanson de Nuit*. All welcome.

Come and hear the Kendal Choristers sing Evensong on **Friday 10th October** at 5.00pm. All welcome!

Organ Concert - the next concert in the Autumn Series will take place on **Friday 17th October** at 12.30pm and will be given by Andy Plowman.

Parish Boundary Walk - I will be going on the trial Boundary Walk East on **Saturday 18th October**, leaving the Parish Church at 9.30 am prompt. Others will be welcome to join me but need to be able to walk at approximately 2 mph. Children need to be accompanied, but sorry no dogs on this trial occasion. The full route is 7.25 miles (11.66 k) with 880 feet ascent (268m) on field paths (with stiles and the possibility of livestock) and roads with and without pavements. Please wear suitable footwear and bring a packed lunch. Further details from Howard on howardgsmith@tiscali.co.uk 01539 634124.

Flookburgh is celebrating the 125th anniversary of the building of its magnificent parish church in 1900. Come to a special Choral Evensong sung by the Kendal Choristers on **Sunday 19th October** at 4.00pm. All welcome.

Open Garden - Andrea Burton, Ann West and Bev Antcliffe are serving the refreshments for the Open Garden on **Sunday 19th October** in aid of St. John's Hospice and would appreciate offers of cake, brought to church by **Saturday 18th October**. If you are able to make cakes, please can you let one of them know? Thanks.

NISCU Prayer meeting - please join Laura & Katy to pray for the children, youth, churches and schools work in and around Kendal on **Monday 20th October** at 10.00am in St. Thomas's Church, Kendal

Life Exhibition - The Life exhibition is a multi-media experience designed for primary school children which complements and works alongside existing RE teaching. We are hosting the Life Exhibition in Kendal Parish Church from **20th-24th October** this year and are hoping to welcome year 5 and 6 pupils to come and explore the life of Jesus in ways that encourage reflecting, questioning and sharing.

Church Family Afternoon - come to a church family afternoon of fun and friendship on **Sunday 26th October** from 2.00pm-3.45pm (followed by Evensong). Meet new friends, talk with old friends and enjoy fellowship and board games for the young and young at heart. Please bring a plate of your favourite goodies, drinks will be provided.

Bible Course - starting **Sunday October 26th** 7.00pm-8.00pm in the Vestry. Discover or

rediscover the story of the Bible. Explore how Bible characters, stories, and themes are connected, from Genesis to Revelation. Book your place at <https://www.trybooking.com/uk/FHWM> or contact Shanthi on 01539 721248

Kendal Food Bank - would be very grateful for baked beans, tinned soup, rice (500g bags), microwave rice, biscuits, tea (80's), small jars of coffee, tinned fish, tinned meat, (corned beef or ham), tinned fruit, tinned vegetables. These can be left in the box at the back of church - thanks. Copies of the latest Newsletter from the Food Bank are available at the back of church.

The Welcomer Team has greeted many visitors to the church from all over the world. We would like more volunteer Welcomers. Are you able to give a couple of hours occasionally, monthly or weekly to help the team extend a warm welcome to visitors - both during the week and at weekends? If you would like to find out more please join the team at our meeting on **Tuesday 14th October** in church - 10.15am for coffee for a 10.30am prompt start.

Helm Mission Community Environment Group - the next meeting will be held on **Saturday 25th October** at Kendal United Reformed Church, 106 Highgate. John Hall from Holy Trinity Kendal, will be sharing his learning from Spiritual Adaptation courses, led by Rupert Read, Emeritus Professor University of East Anglia and co-founder of The Climate Majority. Refreshments from 10.00am. Prayer and talk 10.30am - noon.

Lego wanted - if you have any Lego hanging around unused, the Youth Club and others would love to get creative with it. Please either speak to Jane Markby or leave in the box at the back of church. Many thanks.

Date for your diary - the enthronement of Rt. Revd. Rob Saner-Haigh as Bishop of Carlisle will take place at the Cathedral and 2.00pm on **Saturday 29th November**. We will let people know arrangements for tickets, etc. once we know. Please hold Bishop Rob in your prayers as he commences this new role within the Diocese.

The Friends of Kendal Parish Church AGM will be held on **Thursday 30th October**, immediately following the 10.30am Holy Communion service. Refreshments will be available from 11.00am. We have invited individuals and organisations who have received funding from the Friends of Kendal Parish Church to join us and they will have the opportunity to share a few words about their work and to explain how our donations have made a difference to their activities.. As the meeting falls during the half-term holiday, we also hope to welcome some of the church's choristers and members of Messy Church to participate in the event.

Dementia Friends Awareness Session on **Saturday 1st November** at 10.00am in the vestry. An opportunity to learn more about dementia and how we can support those living with it in our community. Everyone welcome. There is a signup sheet at the back of church or alternatively let me know via email at: bevmoores.annachaplaincy@gmail.com.

Interfaith Silent Climate Vigils - the next one is on **Monday 3rd November** at 10.30am at the Birdcage, Finkle Street, Kendal. The vigil will last 45 minutes, and it is important to wear thermal clothing to keep warm. Some people bring fold up chairs and a blanket. A flask containing a hot drink is advisable. Vigils are held on the first Monday of each month & are organised by Kendal and Sedbergh Friends Sustainability Group.

Blankets - does anyone know the whereabouts of the blankets that were kept at the back of church as they have gone walkabout? If anyone spots them, please can you let the office know, thanks.